

Strollers Programme for January to March 2020

All walks start at 10.30 am EVERY WEDNESDAY

Walks are cancelled if raining

Walks will take place in light rain for those wishing to walk-if uncertain whether the walk will go ahead or not please ring Mike on 01239 623843 before 9.45am

<u>Date</u>	<u>Venue</u>	<u>Meet at</u>	<u>Lunch</u>	<u>Comments/severity</u>	<u>Walk data base No.</u>
01.01.20	Cilgerran Wildlife Park	Station Road Cardigan 11am	NewYears Day all day breakfast Glasshouse Cafe	For those in need of refreshment!	5
08.01.20	Newport beach	Beach car park	Newport / Parrog pubs	Sandy & usually very windy!	3
15.01.20	Llangranog circular	Top Free Car Park	In Llangranog or New Inn	Easy	15a
22.01.20	St.Dogmaels	Pay & Display main car park	Cardigan Golf club	easy	6 or 6a
29.02.20	Penbryn coast path	National trust Car Park	New Inn Pentregat	medium	20 or 20a
05.02.20	Newquay Bird Rock	Newquay top pay & display	In Newquay	Medium	22
12.02.20	Dinas Mountain	Upper car park	Royal Oak Newport	1.8miles/1 hour Easy/ Moorland	1
19.02.20	Llanachaeron river walk	NT car park SA48 8DG SN48100 60300	NT café in season or Anywhere open in Aberaeron	About 2 miles Medium/ woodland paths	10
26.02.20	Fynone woods	Woods car park	Nags Head Abercych or 3 Horseshoes Cenarth	Medium	13
04.03.20	Fishguard or Goodwick	Goodwick Car Park	Ocean Lab	easy	16,16a or 16b
11.03.20	Lechryd –Banc y Felin circular	Flambards if available	Flambards if available	2 miles/1 ½ hours	24a
18.03.20	Tafarn Sinc	car park behind pub	Easy/Medium grassy paths	2 miles/ 2hours	27
25.03.20	Ceibwr to Witches Cauldron	Ceibwr beach car park	Penrallt Garden Centre	2 miles/1 ½ hours	29