

## THE STROLLERS – WEDNESDAY WALKING GROUP

### 4 DECEMBER – NEWPORT IRON BRIDGE

10 Strollers today. A dull day but no rain. We walked along the coastal path admiring the stunning views, then down the hill and onto the beautiful deserted beach where the dogs enjoyed a run. As the tide was out we were able to walk back along the estuary. Most of the Strollers enjoyed lunch at the Royal Oak in the town.

### 11 DECEMBER – NEWCASTLE EMLYN

15 Strollers and 2 dogs. Jane lead this walk as we were unable to attend. The walk started by a visit to the Christmas Tree Festival in the church which Jane had organised. A festive mince pie and mulled wine was given to the Strollers. The walk continued around the castle grounds and lunch was enjoyed at the Bunch of Grapes.

### 18 DECEMBER – FISHGUARD

8 Strollers today. We started at the Goodwick side of the Marine Walk and admired the new sea horse sculpture where photos were taken. Who knew that Donald Trump would be joining us! We saw stunning views along the Marine Walk. Everyone went for a very enjoyable lunch at the Chapel, in fact we spent more time there eating, chatting and joking than we spent doing the walk. Good times.

### 1 JANUARY 2025

The walk was cancelled due to the awful weather forecast. A few Strollers came to our house for coffee and a packed lunch.

### 8 JANUARY – ABERPORTH

16 Strollers and 7 dogs today including a new recruit, our neighbour Diana. We were fortunate with the weather being dry but cold, definitely a woolly hats, scarves and gloves day. We walked from Aberporth along the tarmac coastal path and were once again entertained by Idris with a tale of Bica the giant and Lochtyn. Some continued the walk to Tresaith and returned along the road, others took the shorter route back along the coastal path. Many enjoyed an excellent lunch at The Ship in Aberporth.

### 15 JANUARY – ROSEBUSH

17 Strollers and 9 dogs today including another new recruit, Mike, Diana's Partner, who are our neighbours. Reasonable weather again today and good paths. Some Strollers extended the walk by going up to the small lake to look at the waterfall. Many of us went for an excellent lunch at the Tafarn Sinc.

Ros Appleton

